



Christmas Bikes for Kids? Great Idea!

Steve Bowen, owner of PV Bicycle Center in Rancho Palos Verdes (<http://www.pvbike.com>) is a good friend of CIBC, having ridden our Cool Breeze many times. He has contributed this timely article about purchasing bicycles for kids.

With the holiday season approaching rapidly, many parents think about getting a bicycle for their children, or are prompted by a child to consider a bike as a gift. With that in mind, here is a summary of the various types and sizes appropriate for different ages and riding purposes.

Age 1-1/2 to 3 Years: There is only one choice for this age, a tricycle. Traditional trikes come in 10" or 12" rear wheel sizes, giving a different reach to the pedals according to leg length. Stay away from plastic-framed trikes or those with high seats—they may be unstable.

Age 2 to 5 Years: Schwinn has introduced a new tricycle, the Roadster, appropriate for slightly larger kids. It has a seat that adjusts to accommodate the rapid growth inevitable at this age. For a child 3 to five years who's ready for a two-wheeler, choose a 12" wheel bike with training wheels.

Age 4 to 8 Years: A 16"-wheel bike, with or without training wheels, is appropriate for this age group. Some bikes of this size have both coaster (foot) brakes and one or two hand brakes. The hand brakes prepare the child for later bikes that will have only hand brakes, while still providing security for those who learned to ride on a coaster brake.

Age 6 to 9 Years: This is perhaps the most confusing age to shop for, as there are at least three bike categories, all with 20" wheels. The first is a larger version of the 16"-wheel bike, a single speed with coaster brakes and perhaps one or two hand brakes. This is the simplest bike in this category.

Next is a category loosely known as BMX bikes. These are 20" wheel, single-speed bikes, with one or two hand brakes but no coaster brake. BMX bikes are also variously known as trick bikes, ramp bikes, grinding bikes, and other names. BMX bikes have a heavier-duty frame, and may have pegs attached to one or both wheels. Frames are usually slightly larger than the 20" coaster brake bikes, and may be used for riding to school, light-duty off-road riding, or ramp and trick riding. Finally, there is a junior mountain bike with gears, usually 6 or 7. This is a good all-purpose bike and is especially appropriate in hilly areas. It can be ridden easily on paved streets and sidewalks, as well as dirt paths and trails.

Age 8 to 11 Years: At this age, a BMX type bike with 20" wheels may still be ridden. However, a more practical choice is a 24" wheel bike with hand brakes and gears, usually 21 speeds. A 24" bike is one step below adult size. These bikes are versatile and accommodate a fairly wide range of height. Most have a light-duty shock absorber

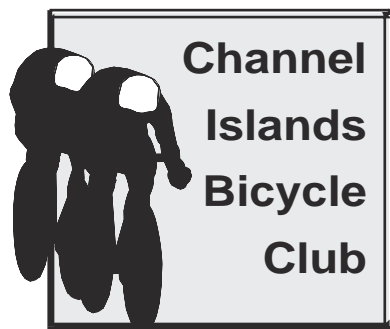
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Here's a New Trick!

This year, flyers regarding the CIBC Holiday Party (Saturday, Dec. 16), and the CIBC Annual Installation Dinner (Weds., Jan. 17) will be distributed only to club members. They will not be posted on the website, nor included in newsletters going to cycling stores or other clubs. Trust your newsletter editor, you're going to like it.

So ... those club members who normally receive

this newsletter by mail will have a separate Holiday Party flyer with map and parking information inserted into it, plus an Installation Party Invitation which includes a return envelope for making Installation Dinner reservations and payment. Club members who receive the electronic version of the newsletter will receive a separate mailing including those both of those items. WATCH FOR THEM, okay?



The CIBC is a nonprofit recreational organization that provides enjoyable and recreational bicycle riding and related activities in and around Ventura County.

2006 Club Officers/Volunteers

- President Peter Ball
- Secretary Leslie Ogden
- Treasurer Michael Chambliss
- VP Programs Judith Gustafson
- VP Rides Mike Stewart
- VP Membership Carolee Winslow
- Director at Large Ron Parker
- Public Relations Jerry Boone
- Grant Coordinator Charles Hamm
- Past President Bill Faulkner
- Government Liason Kate Faulkner
- Newsletter Editor Judith Gustafson
- Webmaster Mike Stewart
- Website www.cibike.org

Chain Chatter Newsletter

Our monthly newsletter, Chain Chatter, is distributed by email to members with email addresses, unless requested otherwise, and by mail to those without email. Your letters, stories of cycling experiences (good and bad), news items, ride ideas, tech info, etc., are welcome! Please mail or email information to:

Judith Gustafson
 467 Montana Circle
 Ojai, California 93023
 (805) 646-3692
 email: chainchat@adelphia.net

Monthly Meetings

General meetings are held on the third Wednesday of each month at Carrows (except December and January), at Seaward and Harbor in Ventura.

Renewal Notices.

Please watch for your renewal notice, which are mailed to members annually.

Cool Breeze Century

Our annual Century ride is held the third weekend in August each year.

A Letter from our President ...

This is my last President's letter, showing that I am truly a lame duck!

I wish to thank all the members of the Channel Islands Bicycle Club for their confidence in me, and, of course, in the Board of Directors over the last two years. We have a great bunch in the CIBC, and I have enjoyed just about every minute of helping to direct the club.

In recent months you may have noticed that I have not been anywhere near the front of any rides, but have lurked at the back. People have been very kind in shepherding me along, and keeping me company as I sometimes fade a little. The person who has been the most helpful to me is my regular riding companion for the last five years, Robert Dushane. Robert is a kind and generous friend, and even before I started to fade in the last several months, Robert and I had our rides down to a fine art. We could leave the Mission at around 8.30 and not get back until about 3.00 pm, having ridden just to Carpenteria and back, with a stop in Carp for coffee and pastries at Reynaldo's. Of course, on the way we spent time watching for dolphins along the ocean front, and congratulating each other on our choice of where we live, and on the choice of the ride that we sometimes did several times a week. I, for one, never tire of riding along the ocean and back. Robert is now acting as the good shepherd, with me glued to his rear wheel, as my energy level is quite low most days.

I look forward to our Holiday Party, and to the Installation Dinner in January, as further instances of the fine social fabric we have woven within CIBC.

I wish everyone the very best for the Holidays, and for 2007, and beyond. Ride well, and safely,

—Peter



The "Web" is a Good Thing!

Have you ever looked out the window on a weekend morning and wondered if the club ride is still scheduled, or cancelled due to bad weather? Or checked the local weather report and noticed that Santa Ana winds are forecast? Or if there is a ride still scheduled when our county fires start? Or mused, "Should I ride with the club when a road is closed due to a mud slide?" Well, if you have done any of these things, then read on.

The Weekend Club Ride Schedule is set a couple of months ahead so it can be published in our wonderful Chain Chatter newsletter. Scheduling rides always has limitations. Do we go up the coast or down the coast? Head up the mountain or ride on the flats? Ride one of the traditional rides or one of the new rides? Do we bike 26 miles or 72? It's difficult to please everyone, so we try to have a mix of rides to appeal to most interests.

So what does this have to do with the internet? Well, all club members should check the club webpage every week for new photos, new information, and possible changes in the Club Ride Schedule. Example, one weekend early in December we had scheduled a beautiful ride from Piru to Santa Clarita to Green Valley. However, due to 60 mph winds the ride was cancelled and replaced with another ride, all on the club webpage.

So ... when in doubt, check the club webpage for any updates or changes. The site address is <http://www.cibike.org>

—Mike Stewart, Ride Coordinator & Club Webmaster

Chain Chat

CIBC says goodbye to a friend... Jehan Bradford Parker

CIBC member Jehan Parker, wife of Ron and mother of Sam and Tabitha, died November 12, 2006 after a yearlong fight with cancer.

Jehan was born in Burbank in 1948. A fulltime mom to her two young children, when they were older she became a substitute teacher in the



Ron and Jehan Parker

H u e n e m e School District for ten years. For the past five years, she worked at the circulation desk at the Oxnard Public Library, and this time at the library was particularly dear to her.

For the past 15 years, she was a passionate cyclist whenever her health allowed, enjoying cycling along the Ventura coast with the Channel Islands Bicycle Club. Her proudest cycling accomplishment was completing the Grand Tour Double in about 11 hours in 1994.

A memorial service was held Friday, November 17, with many of our club members in attendance. Much of her artwork was on display, and can be viewed, along with photos, Jehan's poetry, and the writings of friends and family about their love for Jehan, at: www.JehanParker.com.



Jehan's beautiful print, "Nightrider," was featured at the service.

The board and members of the club send our sincere condolences to our friend Ron, and to Sam, Tabitha, and family.

... and welcomes a "new member" Kendall Akiye Nagaoka

On Friday, November 24, at 11:58 pm, Janeene Nagaoka gave birth to a baby girl weighing 7 lbs 13 oz. In his email announcement on Saturday, proud pop Foster reported:



"Both Mother and baby are doing very well. Janeene went into labor Thanksgiving evening ... My hat is off to every woman who has given birth. I know that no man would be up to the task. To see the miracle of birth is probably the single most profound inspiring event in my life. Once again, Janeene and I are very grateful for the support and love showered on us and newborn baby Nagaoka, hereby known as Kendall Akiye Nagaoka."

Bikes for Kids, continued ...

built into the front fork to add comfort and help cushion jumps from the curb. For a youngster serious about road riding, there are also racing style bikes with drop handlebars that have 24" wheels. Going mountain biking with Dad? Choose a full-suspension bike with 24" wheels.

For Older Kid: For those over ten years old and growing rapidly, consider an extra small or small adult bike. Many of the newer bike models have sloping top tubes which allow adequate standover even if the bike is slightly big. That way they won't grow out of the bike too soon. However, it's best in this case to have the child try out the bike to make sure it can be ridden safely.

A Word About Bike Quality: There are a lot of financial demands at holiday time, and it is often tempting when looking for a bike to consider one from a department store or sporting goods chain store. These bikes are usually of inferior quality, can be hard to pedal and break down easily, and are usually assembled by low paid employees with little training. Bikes sold at independent bike shops have better quality, ride more easily, last longer, are safer and easier to adjust. They are assembled by specialists who want the cycling experience to be excellent. Look for aluminum or high quality steel frames, alloy wheels with stainless steel spokes, and good quality brakes and tires. Your child is much more likely to ride and enjoy a better quality bike.

From the Western States Ride Calendar, and elsewhere

Coming in 2007

- 1/13 Stagecoach Century/Shadow Tour
- 2/10 Tour de Palm Springs/GTE Directories
- 2/17 Butterfield Double/Planet Ultra
- 2/24 Mardi Gras Century/Ventura Velo



Minutes of CIBC General Meeting & Program, November 15, 2006

President Peter Ball convened the meeting at 7 pm, and noted with great sadness the death of Jehan Parker, CIBC member, artist and poet. Jehan's work can be seen at her memorial website, www.JehanParker.com. The club sends its sincere condolences to her husband, Ron, CIBC member and Board member.

Guests Marta Aquino, Angel and Joel Mayorga were introduced.

Peter presented our slate of officers for 2007, who were immediately voted in: President-Shari Nichols; Secretary-Robert Ingram; Treasurer-Michael Chambliss, Past President-Peter Ball; Grant Coordinator-Chuck Hamm; Rides-Mike Stewart; Programs-Roger Macomber; Membership-Carolee Winslow; Public Relations-Judith Gustafson; Director at Large-Neal Abramson; John Mirk will be our new Chain Chatter editor.

Cool Breeze help is greatly needed, as many of the present leaders will be out of the country. The group meets the second Tuesday of the month starting in January. Positions to be filled include: Chair(s), food volunteer coordinator and bike expos coordinator. This year's Cool Breeze brought in over \$39,000 for charitable works.

The Club Holiday Party will be Saturday December 16, and the installation dinner, the third Wednesday in January. Details to follow.

CIBC member and Ventura Velo co-founder Paul Callaway announced that the Mardi Gras Century will be February 24. See venturavelo.org for details.

Club jerseys are in now; contact Ruth or George Owen.

Dick Bellman began his presentation of the Credit Card Tour, a.k.a. Teshima Tours, with bright red caps, a little like scarlet letters, to identify the guilty participants.

Respectfully submitted, Leslie Ogden, Secretary

Sorry ... the November board minutes were not available as of press time. They'll be published in January. —Ed.

About Our Club Rides

General Info: Club rides are held every Saturday and Sunday (and major holidays) starting at 8:30am Nov.-Dec-Jan., (8am Feb.-Oct.). Riders meet in the parking lot at the back side of Mission Park between Santa Clara Street and Main Street in downtown Ventura. Rides are generally day tours in and around Ventura County. About once a month there is a "remote start"—check the ride schedule. There is also a "show and go" from Mission Park anytime there is a remote start or a holiday. There is a good selection of the best short (20-35 miles), medium (35-50 miles) and long (50-100 miles) rides. Usually riders of all degrees of ability, from beginner to expert, are here for you to ride with. A sweep rider may accompany certain rides to assist new riders. All rides have shorter options. Rides beginning in Ventura can all be shortened to be an "A" or "B" ride (see key below ride listing).

"Easy Riders" Option

"Easy Riders" are those who want to travel at a pace of 10 to 12 miles per hour on a relatively flat route. Whether you're new to cycling or an old pro who likes a gentle pace—the Easy Rider rides are for you! At the Saturday ride starts each week, Easy Rider leaders will ask if anyone wants to do an Easy Ride. If so, a distance and pace are chosen according to participants' interests. Some may join Lennis's Group (see below) and some may ride with Michelle; others may decide to join the regular ride for some or all of it. Call Michelle at 488-6059 for more information on what to bring, what to expect, and where to meet up.

Lennis's Group

Every Saturday and Sunday morning, Lennis Dearing leads an "Easy Ride." All are welcome. Ride start is the same time as the regular club ride, but the start location may be different. Call Lennis at 671-5552 or 231-6427 in advance to find out what the ride will be.

Tuesday Bike Path Fun Ride

"A" ride. Every Tuesday at 5 pm a group rides from the intersection of San Jon and Harbor Boulevard in Ventura to Foster Park and back, a 16-mile round trip. Great for families. Lights are needed in the winter.

Maps and Route Slips

The monthly ride schedule is posted in detail on the club website, www.cibike.org, along with route slips and maps for most routes.

Bicycles and Equipment

Before you ride, check your bicycle and equipment, to prevent problems on the road. ALWAYS carry personal ID, water bottle with sufficient water, snacks, spare tube, pump, patch kit, a cell phone, and/or coins for one phone call.



HELMETS ARE REQUIRED

CIBC Ride Schedule for November and early December 2006

Ride Start beginning November: Meet at 8:15, clip in at 8:30 am

Sat, 12/9—“**Summerland Classic**,” 43 miles, B ride, rolling hills. Mission Parking Lot for a ride into Summerland with food at the Summerland Beach Café—wonderful food with a special place for indoor seating. Enjoy the ride up the beautiful coastline. ****Shorter routes possible at the Fire Station or Carpinteria****

Sun., Dec. 10—“**Canyon to Canyon Classic**,” 48 miles, B ride, rolling route. Start MPL. A very scenic ride along country roads of Foothill, Aliso and Wheeler Canyons, with views of oak and orange trees, flowers, cows and mountains. Food stop at La Terraza Café on Main St. at 10th in Santa Paula. Then downhill back to Ventura. ****Shorter routes can turn around in Ventura or Saticoy.****

Sat., Dec. 16—“**Thacher Loop Classic**,” 48 miles, C ride, moderately hilly. **Show your colors today!** From MPL in Ventura, we bike up to Lake Casitas, into downtown Ojai, then on to Ojai’s east end, past Thacher School; back to Ojai Café Emporium for food and drink. ****Shorter routes are possible such as Lake Casitas or downtown Ojai.****

SAT., DEC. 16—**CIBC HOLIDAY PARTY TONIGHT! (Flyers mailed to members only.)**

Sun., Dec. 17—“**Tour de Santa Monica Mountains**,” 49 miles C ride, hills. **REMOTE START** at Freedom Park (Camarillo Airport), past Pt. Mugu, down the rolling coastline, up Mulholland, into Westlake Village; onward to Hidden Valley, Newbury Park, and Camarillo for a great food feast at the Waypoint Airport Cafe overlooking Camarillo Airport. ****A shorter, easier ride route is anyplace down the coastline, e.g., turnaround at Yerba Buena Rd.****

Sat., Dec. 23—“**Harbor Circle Tour CCW**,” 43 miles, A ride, basically flat. MPL to Ventura, C.I. and Hueneme harbors, then on to the Oxnard flats, to Camarillo for food at Starbucks or Jamba Juice off Las Posas Road, and back into Ventura. ****A great route for those who really hate hills—a shorter ride turns around at Hueneme Pier.****

Sun., Dec. 24—“**Dennison Grade to Summit Ride**,” 49 miles, B ride, hilly. MPL to Lake Casitas and into downtown Ojai, then up the Dennison Grade to the Upper Ojai Summit, with food at the Summit Cafe; enjoy the turnaround back to Ojai; more snacks at Cafe Emporium in Ojai, and back to Ventura. ****Shorter routes possible on this ride today—Lake Casitas or downtown Ojai.****

Mon., Dec. 25—“**Holiday Show & Go**,” Meet at the Mission Parking lot, let’s just meet at the MPL and have some fun. You get to decide the route today.

Sat., Dec. 30—“**East Beach Ramble**,” 54 miles, B ride, rolling hills. One of the club’s favorite rides from the MPL up the coast to Carpinteria, Summerland, Montecito, and then East Beach on the Santa Barbara Coastline. Food at East Beach Grill and return. ****Shorter routes possible here with turnarounds in Carpinteria or Summerland; longer routes too.****

Sun., Dec. 31—“**South Mountain Ramble**,” 50 miles, B ride, basically rolling. MPL, east through Saticoy, Santa Paula, onto South Mountain Road, and to Fillmore for a stop at Starbucks on Hwy. 126; back to Ventura the same way (country route) or down Hwy 126 to Santa Paula. Burn off some holiday calories before partying in the New Year. ****Shorter route turns around in Saticoy or Santa Paula.****

Mon., Jan. 1, 2007—“**New Year Show & Go**,” Meet at MPL, ride anywhere today with club members, YOU decide!

Sat., Jan. 6—“**Coastal Breeze Splash**,” 50 miles, A ride, flat as a pancake. MPL in Ventura to Hueneme, Oxnard and on to Pt. Mugu State Park for our turnaround. You will never get as flat a ride as this. Return the same route. Food at Latitude 34 in C.I. Harbor.

Sun., Jan. 7—“**Grimes Canyon Classic CCW**,” 50 miles, B ride, one big hill. **REMOTE START** from Hobert Park, at Telegraph & Petit in Saticoy, for a challenging ride into Somis, Moorpark, Fillmore, for food at Starbucks. Then all downhill into Santa Paula and Saticoy. This is a difficult ride, get in shape now! ****Turnarounds anywhere in Somis or Moorpark.****

WEDS., JAN. 17—**CIBC INSTALLATION DINNER TONIGHT! (Flyers mailed to members only.)**

KEY: MPL=Mission Parking Lot; TOTC (Thousand Oaks Transportation Center); CW=clockwise; CCW=counterclockwise. Show your colors=wear yellow club jersey today! “A”=relatively flat ; “B”=some climbing; “C”=ride with significant climbs; “D”=ride with major climbs and passes.



*The whir of bicycle chains...
The high-pitched hum of finger-thin tires on hot pavement...
And the bright palette of cycling jerseys...*

Please join us as we continue the cycling tradition through some of most breathtaking landscapes—all to help in the fight against diabetes.

The Conejo-Ventura Tour de Cure

—May 6, 2007— is a Ride for EVERYONE!

Riders of all athletic ability are invited to raise funds and ride to fight the epidemic of diabetes. Whether you are training for the first big ride of the season or just getting on a bike for the first time, we have something that will support everyone's riding needs.

All routes are fully supported with Rest Stops and Support Vehicles. Helmets required. SAG and mechanical support. When you cross the Finish Line you will be greeted by volunteers and treated to a delicious lunch, live music, health/bike Expo, entertainment, and soothing massage! So grab your family, friends and co-workers and help make a difference in the lives of people affected by diabetes.

Ride Start/Finish and Check-in: Thousand Oaks Community Park, 2525 N. Moorpark Road, Thousand Oaks (next to T.O. Highschool)

5 mi. Family Fun Ride: Short, sweet and flat for the whole family. *This route is mostly bike trail and residential streets. Checkin 9am; Start 10am.*

30 mi. East County Bike Tour: A treat for the tourist. Head east from Thousand Oaks passing the Ronald Reagan Presidential Library. Ride over some rolling hills to Simi Valley exploring the developing community before returning back to Thousand Oaks. *This route is mostly on bike trails with some rolling hills. Checkin 7:15am; Start 8:30am.*

62 mi. Ventura County Adventure: A little challenge for the weekend warrior and sport fitness riders. This ride takes you through the beautiful hills of Ventura County and through the picturesque cities of Thousand Oaks, Simi Valley, Newbury Park, and Westlake Village. *This route is mostly on bike trails, portion of route on scenic two lane road, there are rolling hills and climbing. Checkin 6:30am; Start 7:15am.*

Whether you choose the 5, 30, or 62 mile Rides, you will be setting personal and physical goals while raising much needed funds for diabetes research, education, and advocacy.

Register and Start Collecting Pledges!

Start today! Ask everyone you know to sponsor you in the Tour de Cure! Raise the \$150 fund-raising minimum to participate and receive an official Tour de Cure T-Shirt, lunch, and goodie bag the day of the event. Raise more donations and receive more fantastic Thank You Gifts! The more you raise, the better the gift!

REGISTRATION AND INFORMATION AT: http://tour.diabetes.org/site/TR?pg=entry&fr_id=4405

Registration Schedule:

Early Bird Registration Fee: \$15 until February 5, 2007 *
Pre-Registration Fee: \$20 until April 30, 2007 *
Late/Week of Event Registration: \$25 until May 6, 2007 *

*** Plus \$150 minimum fundraising**

Please help us reach our FUND-RAISING GOAL of \$500 per cyclist!

Hundreds have participated, thousands have donated, and millions have been helped!

For more information call: 1-888-DIABETES ext. 7448 or 7417

IMPORTANT CLUB MEMBERSHIP SURVEY! Be eligible for prize drawings!

Please mark as many as apply in each response. All responses will be entered into a drawing for cycling prizes. Family memberships may respond for each club member. Please send this survey to: **CAROLEE WINSLOW AT 2200 Indian Wells Ct., Oxnard, CA, 93030** or email it back to Carolee at caroleewin@adelphia.net

Your Name _____.

What are you **looking for** in your bike club?

___ 10% discount

___ Community service opportunities

___ Networking with other riders

___ Organized rides

___ Other _____

___ Programs about cycling

___ Promotion of cycling locally or more broadly

___ Social connections

What days and times do you **like** to ride?

Mon ___ am ___ afternoon ___ after work ___

Tues ___ am ___ afternoon ___ after work ___

Wed ___ am ___ afternoon ___ after work ___

Thurs ___ am ___ afternoon ___ after work ___

Fri ___ am ___ afternoon ___ after work ___

Sat ___ am ___ afternoon ___ after work ___

Sun ___ am ___ afternoon ___ after work ___

Are you **more likely** to ride in East Ventura County or West? _____(East) _____ (West)

How **far** do you like to ride? _____ (miles)

Are you **interested** in

___ rides for beginner cyclists

suggested locations _____

mileage _____

___ family rides, say on Sunday afternoon

suggested locations _____

___ mountain biking

___ Would you like club mountain bike rides?

___ Would you like to know mountain bike routes?

___ 3-5 day bike/camping events

___ long-distance cycling events (200 or more miles)

___ double centuries

___ brevets

___ competitive cycling

___ local races

___ time trials

Shopping for bike parts or accessories? CIBC members receive a 10% discount at these Ventura and Santa Barbara County bike shops. (Please show your membership card.)

Agoura Cycles
Joel Richman
29041 Thousand Oaks Blvd.
Agoura Hills, CA 91301
(818) 991-6333

All Pro Bicycles
2385 Tapo Street
Simi Valley, CA
(805) 583-4296

Avery's Open Air Bicycles
Jon Avery
2386 E. Main St.
Ventura CA 93001
(805) 653-1100

Bicycles by HAMM
Chuck Hamm
305 W. Channel Isl. Blvd.
Port Hueneme, CA
(805) 382-0574

The Bicycle Clinic
Raul Yeprez
940 North Ventura Road
Oxnard CA 93030
(805) 485-1619

Bicycle World USA
NEW, BIGGER LOCATION!
Tony & Jose Ragatz
412 East Harvard Boulevard
Santa Paula CA 93060
(805) 525-2256

Bicycles of Ojai
Bob Coble
108 Canada Street
Ojai CA 93023
(805) 646-7736

Bill's Bike Shop
Mark Eaton
2360 E. Las Posas Road, #A
Camarillo CA 93010
(805) 484-1203

Camarillo Bike Company
Ted Saville
2263 Pickwick Drive
Camarillo CA 93010
(805) 482-7742

Cycle Dynamics
Joey & Elizabeth Marquez
10225 Telephone Rd., A1
Ventura CA 93004
(805) 659-5917

Matt's Cycling Center
Phil Carpenter
2427 East Harbor Blvd.
Ventura CA 93001
(805) 477-0933

Michael's Bicycles
Michael Thomas
2253 Michael Drive
Newbury Park CA 91320
(805) 498-6633

Newbury Park Bicycle Shop
Jim or Mike
1560-6 Newbury Road
Newbury Park CA 91320
(805) 498-7714

Ray's Bicycle Shop
Ray & Susan Schultz
7838 Telegraph Rd, #A
Ventura CA 93004
(805) 659-3775

Rincon Cycles
Dennis Coffman
5100 Carpinteria Avenue
Carpinteria CA 93013
(805) 684-9466

Simi Cycling Center
Butch or James
897 Los Angeles Avenue
Simi Valley CA 93065
(805) 522-0565

Sundance Cycles
Ashton "AJ" Johnson
and Steve Dozier
5019 Kanan Road
Agoura Hill CA 91301
(818) 991-9103

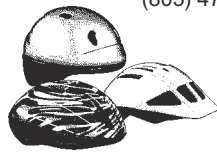
Performance Bike Shops
2893 Johnson Drive
Ventura CA 93003
(805) 650-9338

Trek Bikes of Ventura
4060 E. Main Street
Ventura CA 93003
(805) 644-TREK

Ventura Bike Depot
NEW BIKE SHOP LISTING!
ROAD BIKE, ETC. RENTALS

Shelley Sund
239 West Main Street
Ventura CA 93001
(805) 340-BIKE

Westlake Cyclery
Mike or Kim
3195 Willow Lane
Westlake Village CA 91361
(805) 497-3030



Address service requested

P.O. Box 6481
Oxnard CA 93031-6481

